



IOM Development Fund
DEVELOPING CAPACITIES IN MIGRATION MANAGEMENT



International Organization for Migration (IOM)
The UN Migration Agency



AZƏRBAYCAN RESPUBLİKASI SƏHİYYƏ NAZİRLİYİ
ELMI-TƏDQIQAT AĞCIYƏR XƏSTƏLİKLƏRİ İNSTİTUTU

WHAT SHOULD WE KNOW ABOUT HIV/AIDS?

HIV is transmitted through three ways:

- Unprotected sexual contact (sex without a condom) with a person whose HIV status is unknown;
- Blood transfusion, for example through injection of drugs; use of non-sterile syringes, needles and medical instruments; and transfusion of HIV-infected blood;
- From an infected mother to child during pregnancy, delivery or breastfeeding.



Migration and population mobility increase the risk of infectious diseases.

Early diagnostics are crucially important for timely detection and treatment.

BE AWARE OF YOUR HEALTH STATUS – TAKE A FREE RAPID TEST FOR HIV AND SCREENING FOR TUBERCULOSIS.

Timely diagnosis and treatment is key to your health!

You can start the treatment, if necessary!

You can lead a healthy life!

Contribute and cooperate to prevent new TB and HIV infections!

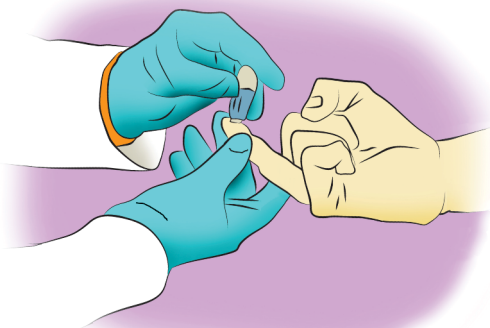
HIV is not transmitted through:

- Handshaking, hugging and kissing;
- Coughing or sneezing;
- Sharing water, food or utensils;
- Using a common bathroom or toilet;
- Using a public swimming pool, sauna or gym;
- Mosquito and other insect bites;
- Contact with HIV-infected people in work, public and household environments.



Protection from infection

- Be faithful to your sexual partner.
- Abstain from sexual contacts with partner of unknown HIV status; limit the number of partners or, as a last resort, use a condom.
- Avoid using prohibited drugs. Always use sterile needles and syringes.



Treatment of HIV/AIDS

- There is a treatment available, which suppresses the virus load in your blood.
- By undergoing treatment for HIV/AIDS, you can live a long life.
- Your treatment protects your sexual partner(s) and/or baby from getting infected.



For further consultation, you may refer to the Republican AIDS Center at the Ministry of Health of the Republic of Azerbaijan or via the toll-free hotline:

(+994 12) 510 0869

or send e-mail to:

<http://aids.az/>