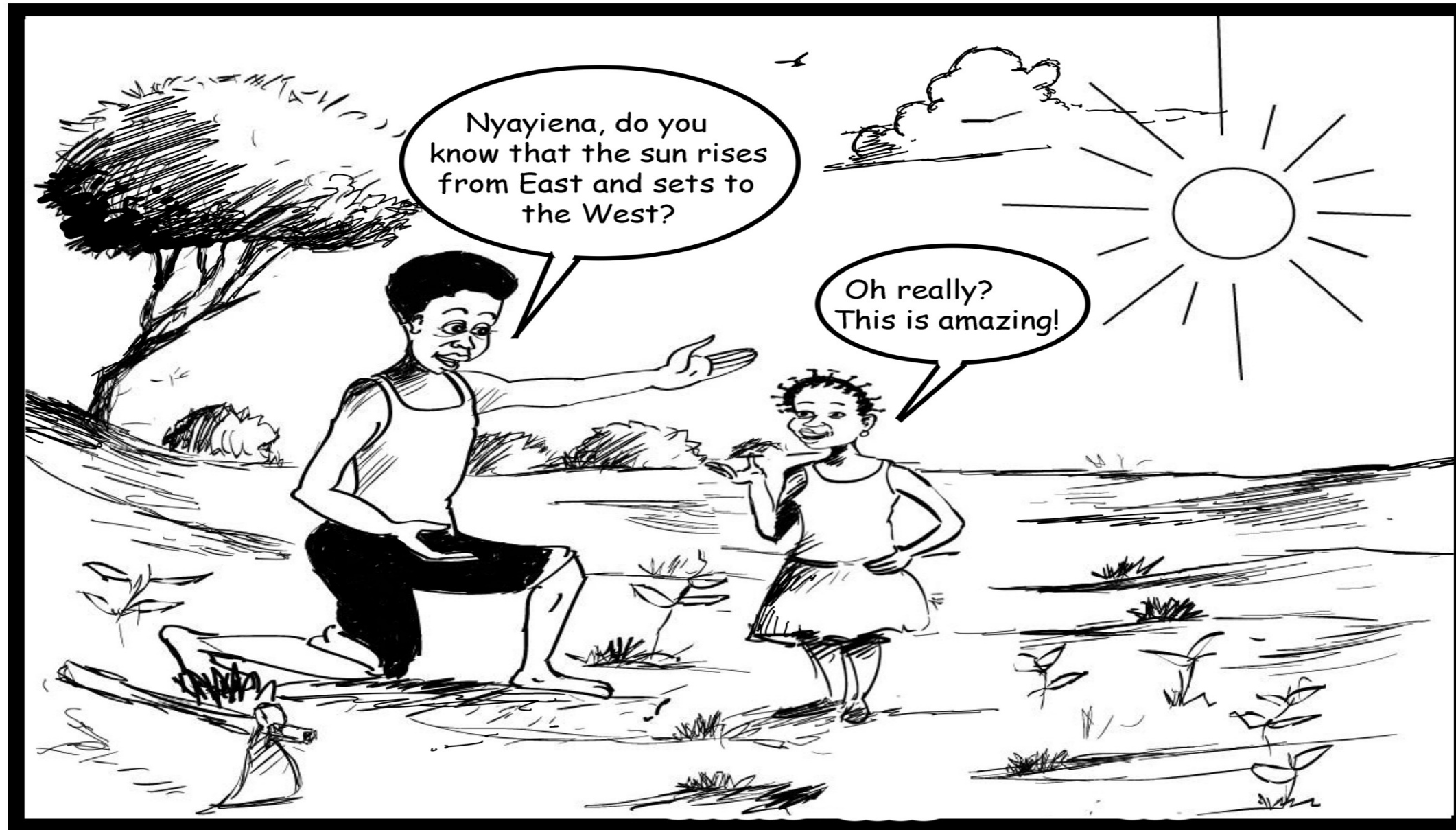
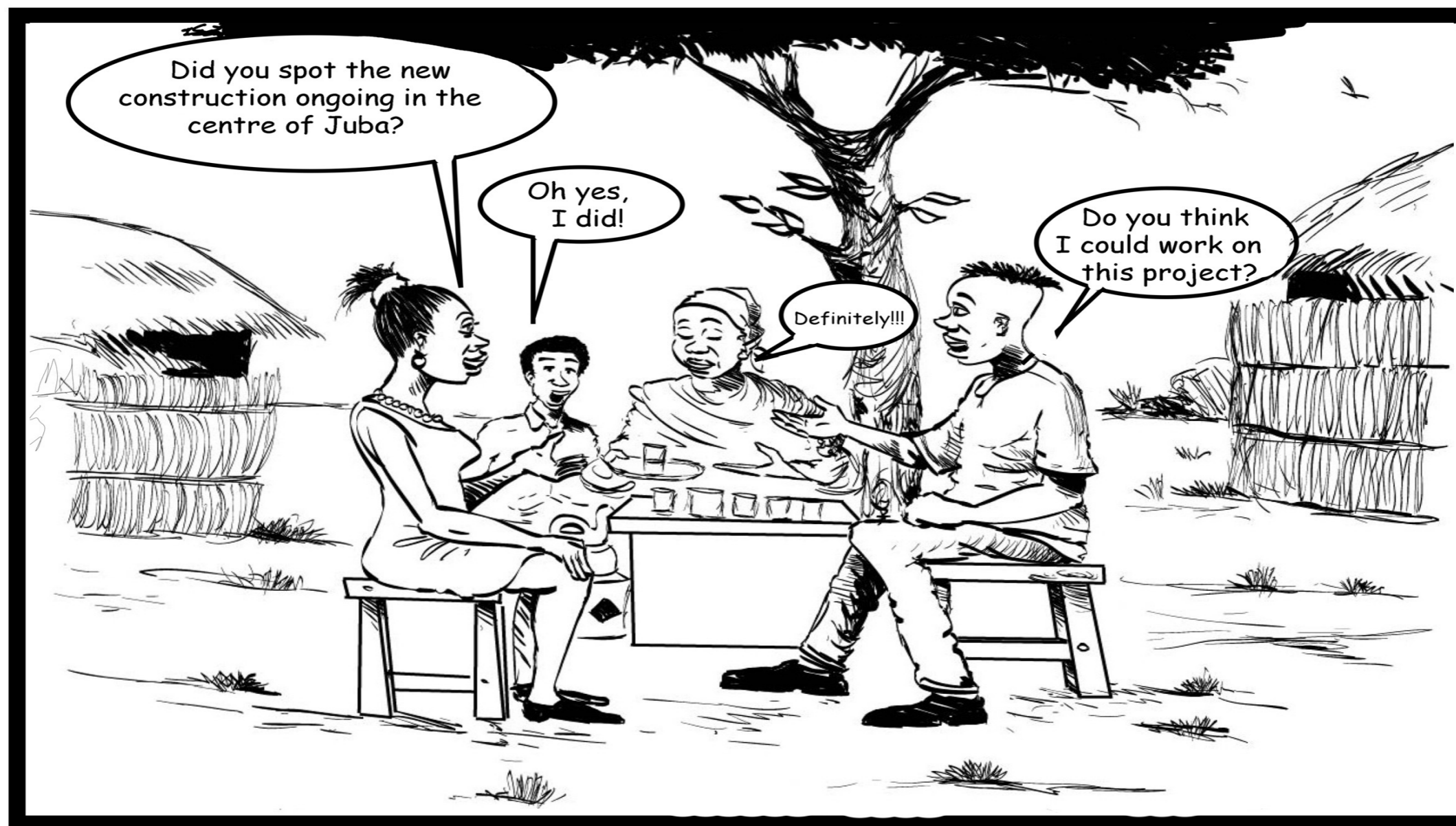


Talk to your children.
Cultivate a sense of belonging amongst children.



Acknowledge mental health needs of children in
today's unequal world.

Social inequalities result in poor mental health.



Create social bonds for better mental health of youth in today's unequal world.

Counselling helps us find personal strengths and ways to deal with emotional issues.



Increase access of the elderly to counselling services.
Contribute to better mental health in an unequal world.

Educate women on supportive and positive parenting.



Healthy parent-child relations create better mental health in an unequal world.

Apologizing brings relief. Apologizing is a noble act.
Strengthen communal bonds.



Contribute to better mental health
in today's unequal world.

Treat persons with disabilities and severe mental disorders equally.



Ensure better mental health in today's unequal world.