

Be a supportive parent.

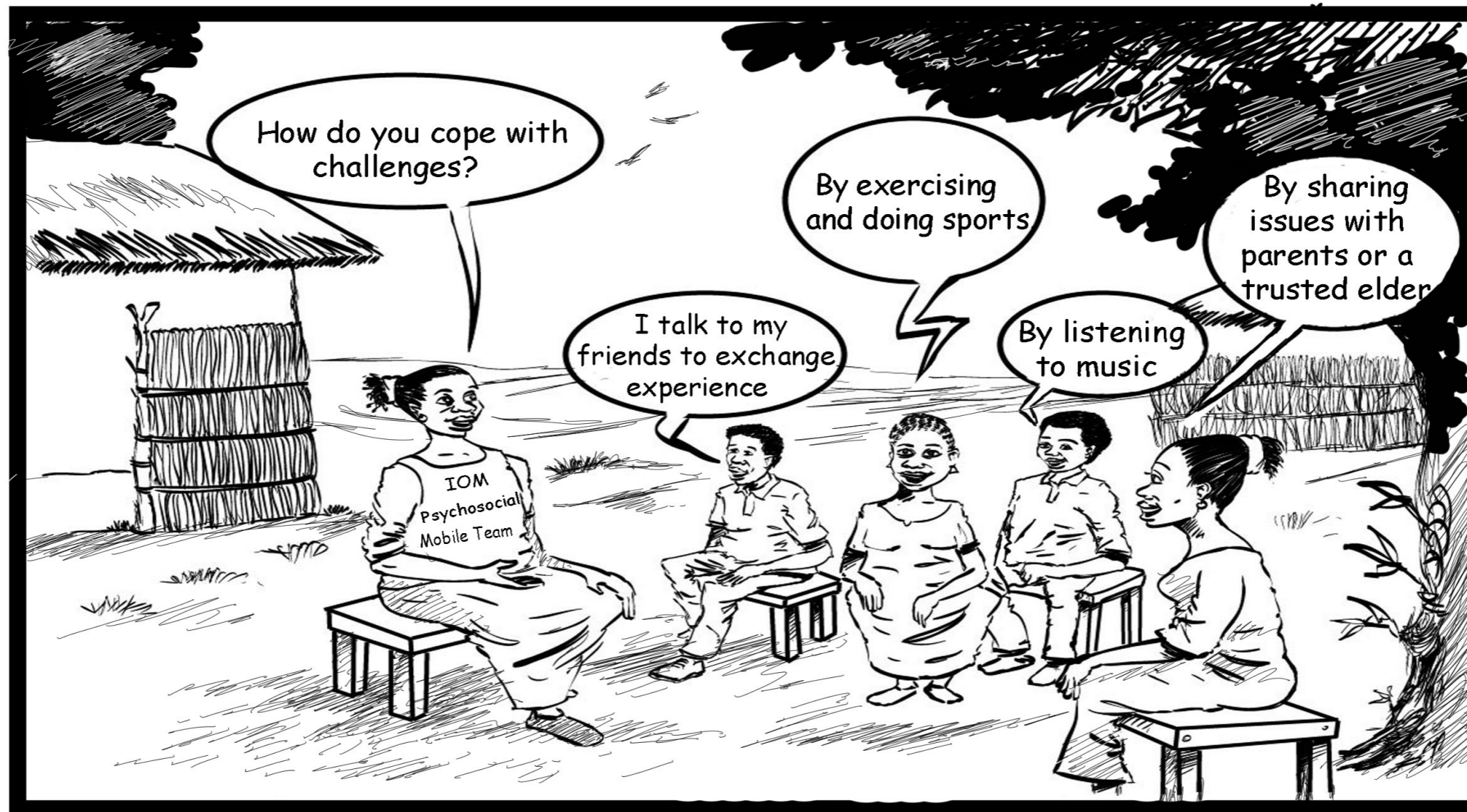
Discuss issues and nurture child's responsibility.



Be a role model parent.

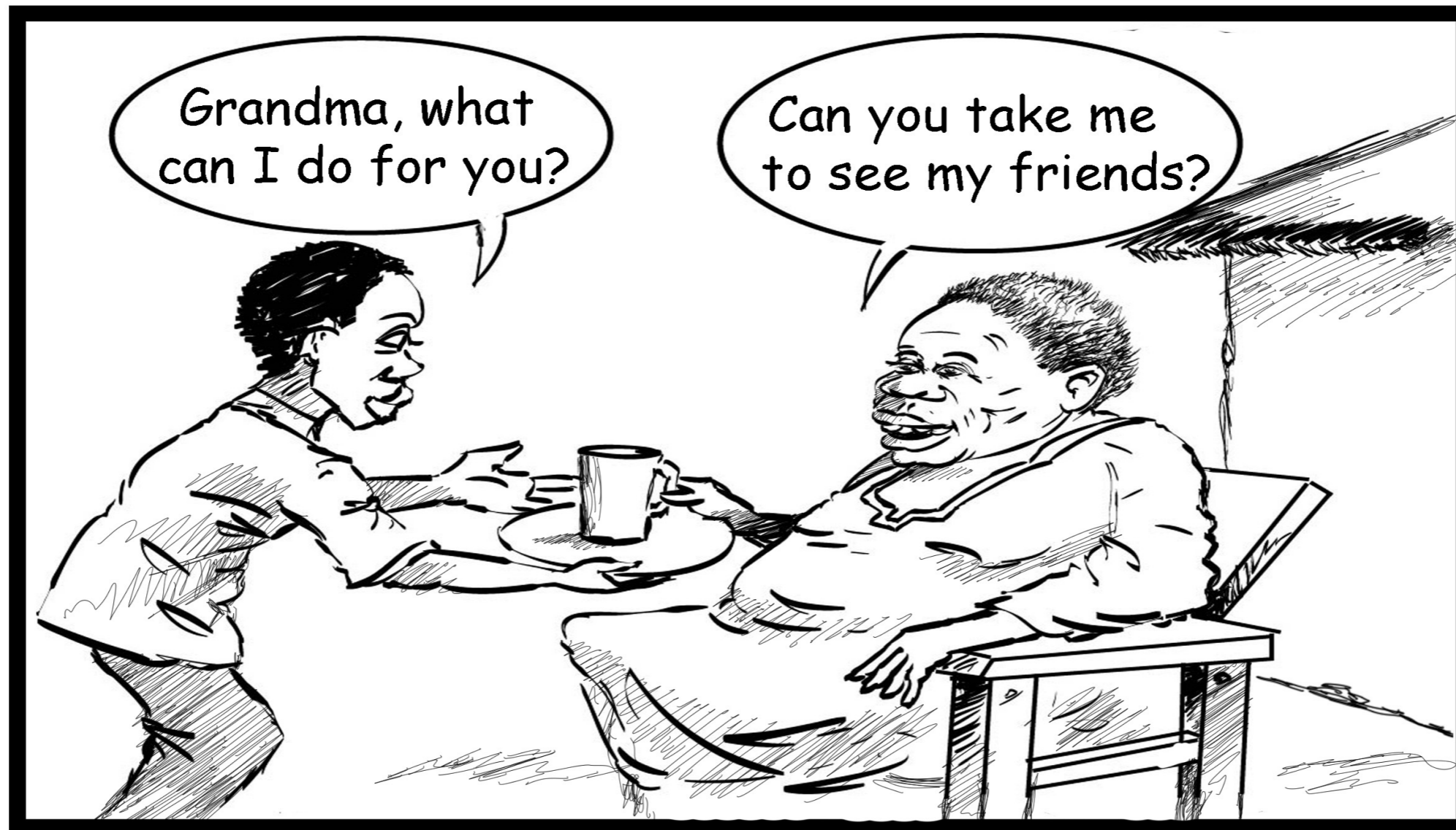
Create hope through action.

Educate youth on positive coping mechanisms.
Their well-being is our collective responsibility!



Let us join hands to contribute to youth's well-being.
Create hope through action.

Strengthen family and social networks.



Create hope through action.



USAID
FROM THE AMERICAN PEOPLE



UKaid
from the British people



Funded by
European Union
Humanitarian Aid

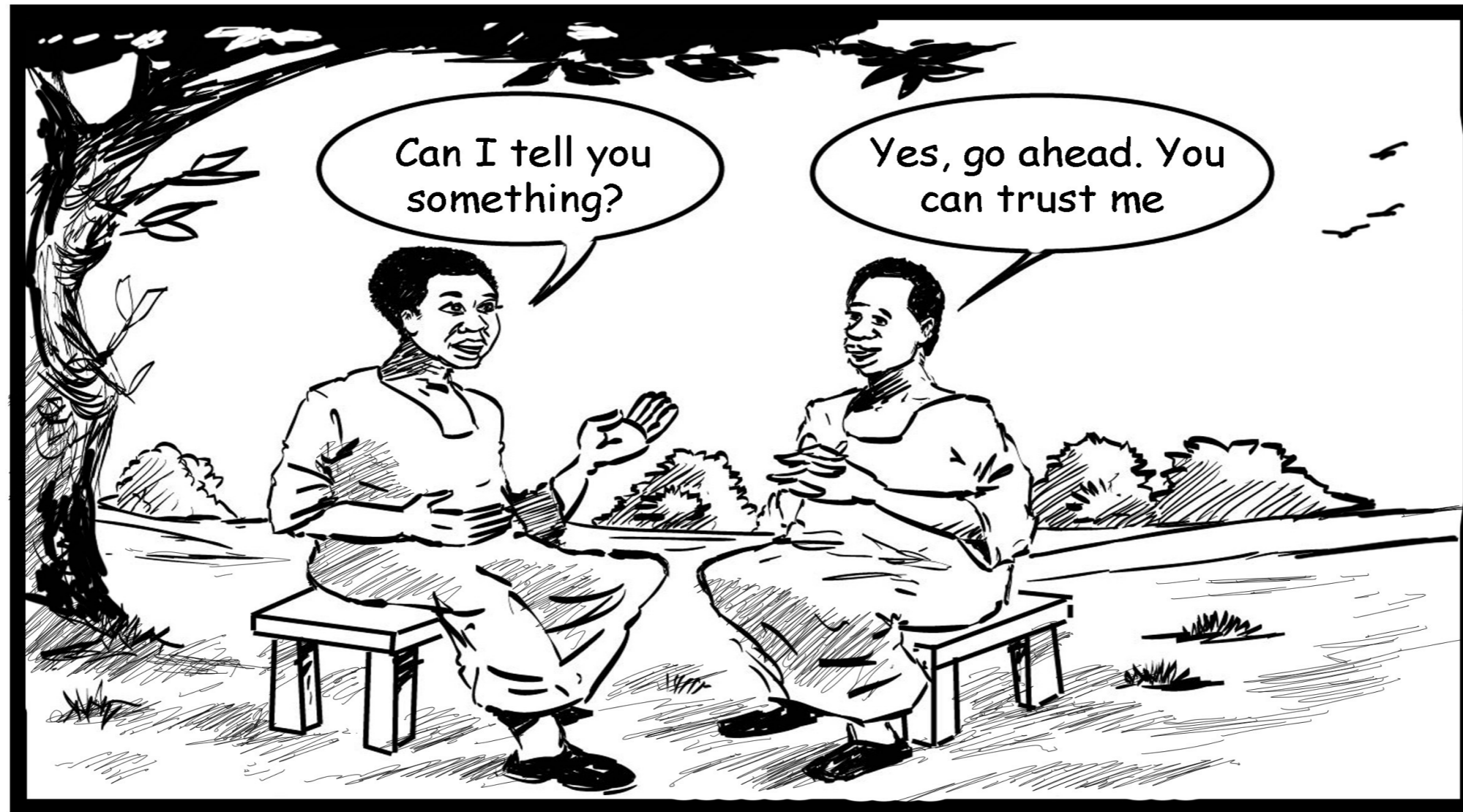


Acknowledge your achievements and learn how to appreciate yourself.



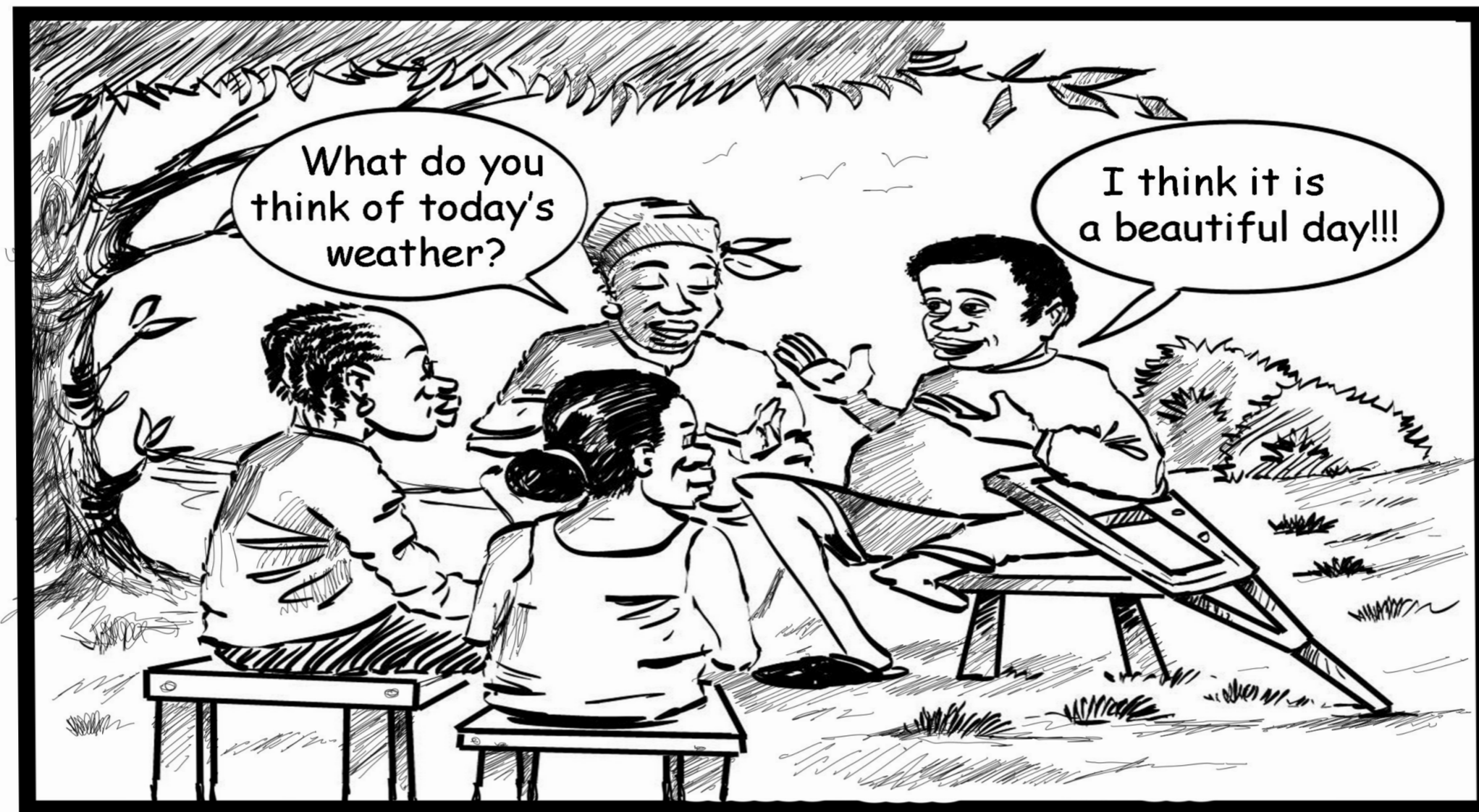
Create hope through action.

Talk to your friend or a family member you trust.



Find support to cope with your problems.
Create hope through action.

Talk positively to all people with disabilities and severe mental disorders, make them feel they are a part of the community.



Create hope through action.